

Registered Kinesiologist - London, ON

If you're a Kinesiologist who is personable and passionate about helping people stay pain and injury free when moving, Align Family Health & Fitness has an excellent opportunity enabling you to work with a steady clientele, 1-on-1, in a private newly renovated studio setting in Southwest London Ontario.

Align Family Health & Fitness is looking for a **part-time Registered Kinesiologist** that is looking to gain **full-time** hours once their client base grows. This is your opportunity to do the work you love every day. Using your exercise therapy skills, you will achieve outstanding **clinical outcomes and client engagement** with the people that you train.

PRIMARY DUTIES

As a Registered Kinesiologist, you will

- Assess and Evaluate client's movement patterns using appropriate assessment procedures for the clients' identified needs.
- Communicate findings in a way the client can understand.
- Design and implement a "Corrective Exercise Program" to meet the identified clients' needs and communicate this plan effectively to clients allowing them to make a fully informed decision on their "Program Plan."
- Design and implement "Mobility, Flexibility, Stability, Strength & Cardio Programs"
- Ensure the studio area is presentable, organized, clean and free of obvious safety hazards.
- Create blogs and media posts promoting Kinesiology and the company.
- Keep client records organized and up to the College of Kinesiologist of Ontario standards.

QUALIFICATIONS

To take on the role of Registered Kinesiologist, you must:

- Be registered with the College of Kinesiologists of Ontario (required)
- Functional Movement Screen Level 1 Certified (required once hired)
- Functional Movement Screen Level 2 Certified (an asset)
- SFMS Level 1 and/or 2 (an asset)
- BoneFit Certified (an asset)
- Standard First-Aid/CPR trained (required)
- Have excellent time management, organizational skills, record keeping practices and the ability to work independently.
- Have excellent oral and written communication skills
- Be empathetic with an effective ability to build rapport with clients
- Be proficient in the use of Microsoft Word and Excel.
- Be able to work both independently and as part of a team, and to facilitate our clients' needs by exceeding their goals.

About Align Family Health & Fitness:

Align Family Health & Fitness is a company designed to set the highest standard of Personal Training Services. We are “The Human Movement Specialists” only hiring Registered Kinesiologists to provide private training to individuals who are looking to decrease painful movements, prevent injury and perform better in their everyday activities and sport.

What sets us apart is our ability to assess and evaluate our clients movement to give them MOBILITY, STABILITY, then STRENGTH. Our kinesiologists are the Human Movement Specialists, never sacrificing functional movement in our training sessions. This helps educate our clients about the importance of moving ergonomically in ALL their activities so they can move towards attaining pain free movements.

Compensation: Hourly Rate (Employee)

Start Date: TBD

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Email: info@alignfamilyfitness.com to APPLY